

Eligibility and Applications

Children between the ages of 8-16 who are on dialysis, are post-transplant, or with chronic kidney disease, are eligible to attend Frost Valley YMCA through our partnership with the Ruth Gottscho Dialysis and Children's Kidney Program. Children must be medically stable, Hep B Surface Antigen negative, and able to walk at least 200 yards unassisted. Children on peritoneal dialysis must be trained and able to perform CAPD with assistance from our staff. Transplant campers should be at least 1 year post-transplant.

Please let us know if your camper has any other special needs and we will do our best to accommodate them.

Scholarships for camp tuition are provided for every camper by the Ruth Gottscho Kidney Foundation, with additional support from the American Kidney Fund, the Kidney and Urology Foundation of America, and other local and national organizations.



For further information

Information and all application materials available at

www.frostvalley.org/kidney

Contact coordinator Maya Doyle at mdoyle@montefiore.org or 718-655-1120 with questions.

Ruth Gottscho Dialysis and Children's Kidney Program
Division of Pediatric Nephrology
Children's Hospital at Montefiore
3415 Bainbridge Avenue
Bronx, NY 10467
718-655-1120
www.montekids.org

The Ruth Gottscho Kidney Foundation
7 West Beechcroft Road
Short Hills, NJ 07078
973-564-6060
www.gottschokidney.org

Frost Valley YMCA
2000 Frost Valley Road
Claryville, NY 12725-5221
845-985-2291
www.frostvalley.org
info@frostvalley.org



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SUMMER CAMP FOR KIDS WITH KIDNEY DISEASE



ALL KIDS DESERVE CAMP.

About the Ruth Gottscho Dialysis Center & Children's Kidney Program

Our program and summer dialysis center now is based the Guenther Family Wellness Center. This unique facility provides a state of the art space for hemodialysis and continuous ambulatory peritoneal dialysis (CAPD) on-site at camp, and for medical management of children with chronic kidney disease or kidney transplants. Children receive all necessary medical care under the careful supervision of the Ruth Gottscho Dialysis and Children's Kidney Program, coordinated and staffed by the Division of Pediatric Nephrology, Children's Hospital at Montefiore. During the sessions, close communication is maintained between our staff, parents and home units

Special attention is given to the individual medical and developmental needs of each child, and treatment schedules are arranged to allow for maximum participation in the active camp life. Back-up medical facilities are provided locally by Kingston Hospital and by the Children's Hospital of Montefiore in coordination with campers' home medical teams and facilities. 24-hour emergency services and an infirmary are provided at the Wellness Center.



About the Camper Experience

In 1975, Frost Valley YMCA established the nation's first mainstream camp experience for children with kidney disease, through the vision and generosity of the Ruth Gottscho Kidney Foundation. Over the past 40 years, Frost Valley has welcomed over 1,300 young campers every summer in this program. Each child lives the traditional sleepaway camp experience, in villages with same-age peers, while gaining confidence and independence, in what may be their first time away from home. Campers are able to meet other children with medical problems similar to their own, and are able to be "teachers" to their counselors and cabin-mates. They learn new skills and improve techniques for managing and coping with their medical condition

Most importantly, the children participate as fully as possible in all camping activities, and meet a diverse group of campers and camp staff, from around the country and around the world. Their fellow campers and counselors also have the chance to experience the challenges (and victories) of being a young person with kidney disease; one young counselor was even inspired to become a transplant surgeon! Campers and staff alike create lasting memories and build friendships that last a life-time.

This program brings children to camp who are:

- receiving hemodialysis or peritoneal dialysis
- diagnosed with chronic kidney disease, or with kidney impairment due to chronic, congenital or rare disorders, such as FSGS, MPGN, Lupus, Cystinosis, aHUS, reflux, and many others
- kidney transplant recipients.

About Frost Valley YMCA

Frost Valley YMCA is the premier year-round camping and retreat center in the heart of New York's Catskill Mountains and a favorite choice for parents seeking an engaging, affordable summer camp experience for their children. Our 5,050-acre camp offers one of the most breathtaking natural settings in the country, surrounded by 250,000 acres of "forever wild" Forest Preserve.

Frost Valley offers a resident summer camp for children ages 7 to 16. On summer days, Frost Valley campers live in a special world where they experience journeys on every scale – from spending their first night away from home and bonding with new friends in their cabins, to bolder quests like mountain hikes and all-camp traditions and games.

Our roots reach back to 1901, when Frost Valley established one of the nation's first overnight camps for children. Over a century later, we remain true to the Y mission and our commitment to bring children of all backgrounds and abilities together in our enriching, life-changing community of summer camp.

